

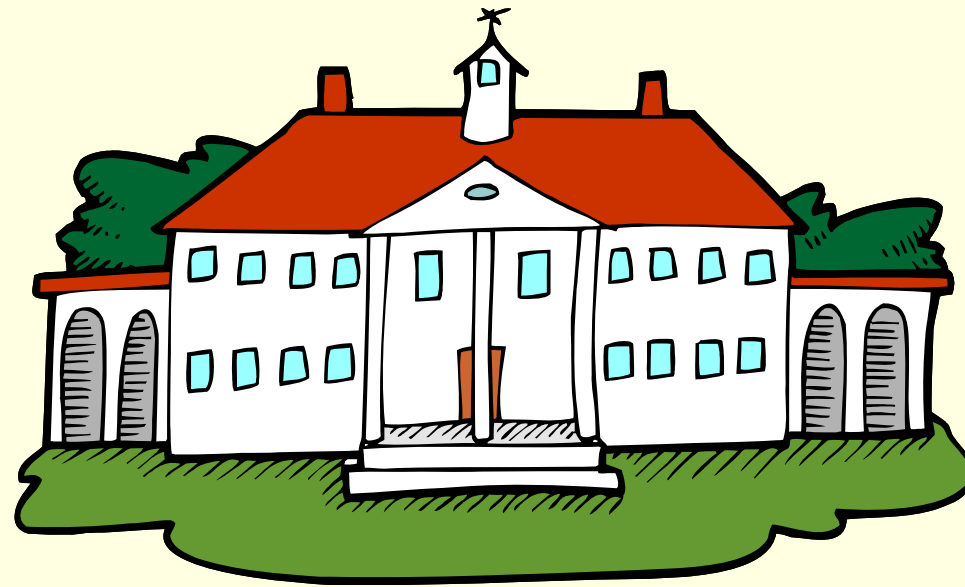


Manual Handling in Residential Homes



Jane Fenn

Manual Handling in Residential Homes



Health and Safety at Work Act (1974)

- Statute Law - criminal act
- Safe systems of work - foreseeable risk
- Duty of care

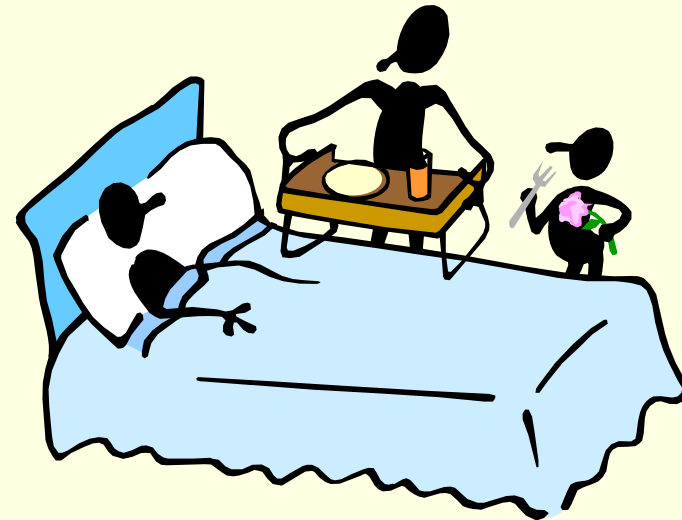


Employers Responsibilities

- Create safe systems of work
- Ensure the safe use of equipment
- Provide information, instruction, training and supervision to all employees
- Ensure a safe access and egress
- Prepare written safety policies and procedures and review as necessary.

Employee Responsibilities

- Use the Safe System of Work introduced by your employer
- Report any changes
- Co-operate and communicate with employer
- Duty of care to themselves, colleagues and service users
- Wear any uniform provided (uniform policy)



MHOREgs (1992)

- **Avoid** hazardous manual handling if it is likely to lead to a foreseeable injury.
- **Assess** any manual handling task that cannot be avoided
- **Reduce** the risk of injury to it's lowest practicable level
- Automate
- Mechanise

Residents

- Individual rooms
- Profiling beds
- Individual handling plans / review
- Positive Risk Management ethos
- Promoting functional Independence
- Access to manual handling equipment

Care Staff

- Provide a Safe System of Work
- TEAS
- Training
- Equipment
- Assessment
- Supervision

REASONED BALANCED JUDGEMENT

Negotiation, collaboration, consideration



Risk Assessment



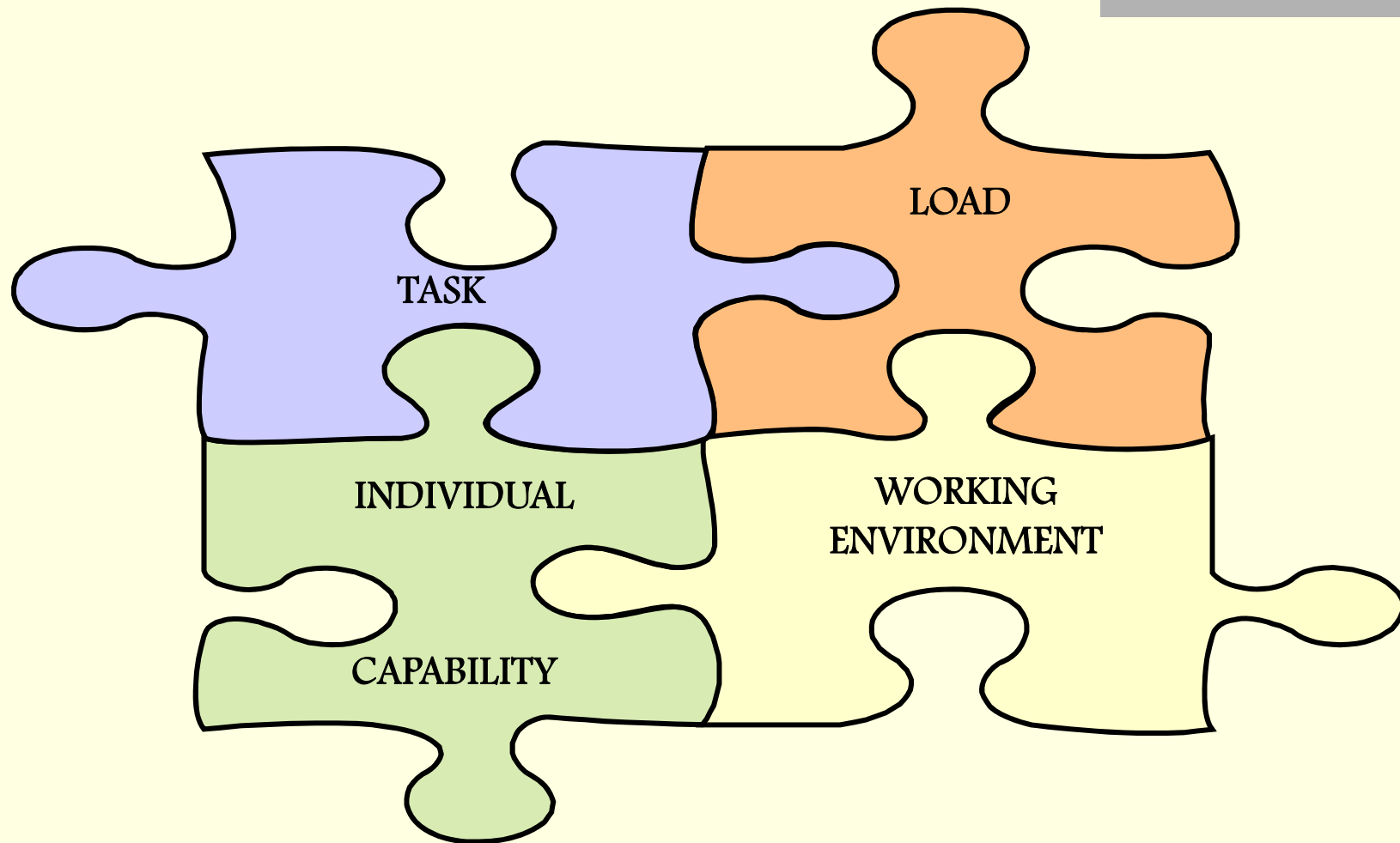
Risk Assessment

Fatality								
Permanent Harm								
Hospital Admission								
Lost Work Time								
First Aid								
Discomfort								
	Effectively Impossible	Unlikely Plausible	Possible	Probable	Very Likely	Almost Certain		

Severity

Likelihood

Ergonomic Risk Assessment



Manual Handling Risk Assessment

THIS RISK ASSESSMENT IS APPLICABLE IN THE FOLLOWING ENVIRONMENTS:-

Dear, this is a plan of care, for our staff to follow, to safely assist you with your mobility needs. If you have any questions about it, please ask your carer.

DATE: <input style="width: 100px;" type="text"/>	ROUTINE ASSESSMENT DUE: <input style="width: 150px;" type="text"/>
NAME: <input style="width: 200px;" type="text"/>	SIGNATURE: <input style="width: 150px;" type="text"/>
	ASSESSOR: <input style="width: 150px;" type="text"/>

**THIS FORM MUST BE
SIGNED BY ALL
INVOLVED CARERS**

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

RISKS	MOBILITY: <input type="checkbox"/>	BODY SHAPE: <input type="checkbox"/>	PAIN: <input type="checkbox"/>	SKIN: <input type="checkbox"/>
	FEAR: <input type="checkbox"/>	UNDERSTANDING: <input type="checkbox"/>	BEHAVIOUR: <input type="checkbox"/>	HISTORY OF FALLS: <input type="checkbox"/>

Please expand on all areas ticked in the box below marked other:

OTHER eg sensory impairment continence cultural considerations	<input style="width: 100%; height: 150px;" type="text"/>	EQUIPMENT & ENVIRONMENT eg space, furniture postural constraints on site / off site / day care	<input style="width: 100%; height: 150px;" type="text"/>
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Ability to self help: <input style="width: 250px;" type="text"/>	Needs Assistance: <input type="checkbox"/>	Dependent: <input type="checkbox"/>
Reassessment due to change in circumstances: Date <input style="width: 100px;" type="text"/>	NB TO BE KEPT WITH CLIENT'S CARE PLAN	

Method of Manual Handling (Community Care)

MOVEMENT IN BED


No of Staff ... 2

Equipment ... PROFILING BED
BED LEVER


... SLIDE SHEETS

CEILING TRACK HOIST


2 BED METHOD

USE SLIDE SHEETS (SMALL, BLUE UNDER HEELS)
P2 2ND CARER TO ASSIST BY PUSHING FROM OTHER SIDE OF BED.

 GIVE CLEAR INSTRUCTIONS "Ready, steady, move" + MOVE SLOWLY

ROLLING METHOD

ENCOURAGE MR. ANDLING TO SELF ASSIST WITH BED LEVER
P1
 RAISE BED TO OPTIMUM WORKING HEIGHT


1/2 BED METHOD

USE HOIST TO REPOSITION UP/DOWN THE BED, OR USE SLIDE SHEET
P10 **P5A**



ON AND OFF BED

No of Staff ... 2

Equipment ... CEILING TRACK
HOIST WITH MEDIUM

UNIVERSAL AND TOILETING SLING

METHOD

USE HOIST WITH UNIVERSAL SLING TO TRANSFER ON & OFF THE BED
P10

 RAISE BACKREST TO FACILITATE POSITIONING AND FIXING THE SLING
 SHORT LOOP ON SHOULDER STRAPS, LONGEST LOOP ON LEG STRAPS

SITTING & STANDING

No of Staff

Equipment

METHOD

DO NOT ASSIST MR. ANDLING TO STAND - THIS IS UNSAFE.


TRANSFERS

No of Staff ... 2

Equipment ... CEILING TRACK
HOIST WITH MEDIUM

TOILETING SLING

METHOD

USE HOIST WITH T-SLING AT LUNCH CALL TO FRONT ON SANI-CHAIR & BACK TO RECLINE CHAIR OR WHEEL CHAIR
P10

 USE SHORT LOOPS ON SHOULDER STRAPS, LONGEST LOOPS ON LEG STRAPS
 MR. ANDLING OPERATES HOIST CONTROLS

WALKING

No of Staff

Equipment

METHOD

DO NOT ATTEMPT — PROPEL MR. ANDLING ON SANI-CHAIR OR MR. ANDLING USES ELECTRIC WHEELCHAIR TO ACCESS THROUGH-FLOOR LIFT INDEPENDENTLY

PERSONAL CARE

TOILETING

No of Staff ... 2

Comments & Equipment CAMERA CARE
TRANSFER ONTO SANI-CHAIR ...
FOR BOWEL ACTION (PROPEL OVER WC)

DRESSING

No of Staff ... 2

Comments & Equipment DRESS LOWER ...
HALF ON BED, MR. A DRESSES UPPER
HALF ON SANI-CHAIR INDEPENDENTLY

WASHING

No of Staff ... 2

Comments & Equipment PROPEL MR. A ON SANI/SHOWER CHAIR INTO WHEEL
OR PERSONAL CARE ON IN SHOWER ...
MR. A WASHES TOP HALF ON SANI-CHAIR





Finally.....

